

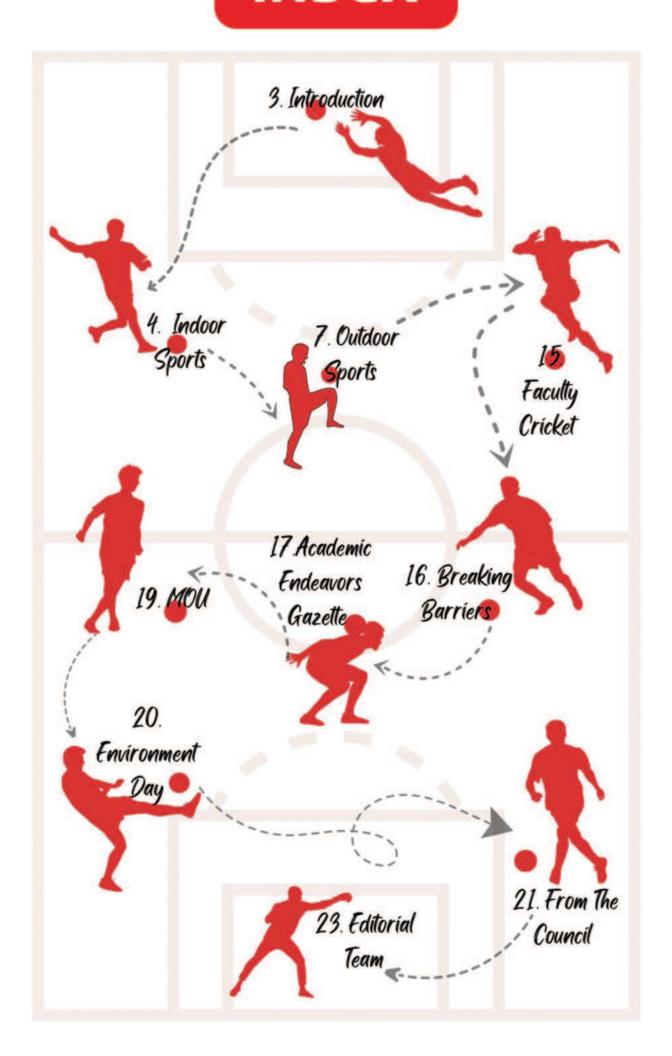




# Adwitya

Unveiling the Thrills of Campus Athletics Volume-2 | Issue-2

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### INTRODUCTION

66

Through sweat and cheers, we took our stand, A sporting journey, across the land.

From chess to court, we gave our all, In unity we stood, both big and small.

Carrom to cricket, each game a test, We played with heart, we gave our best.

In every match, we left our mark, A symphony of triumph, vibrant and stark.

With passion and skill, we faced the quest, In unity we stood, always blessed.

From 7th December till 17th, we soared, An ecstatic journey, our spirits roared.

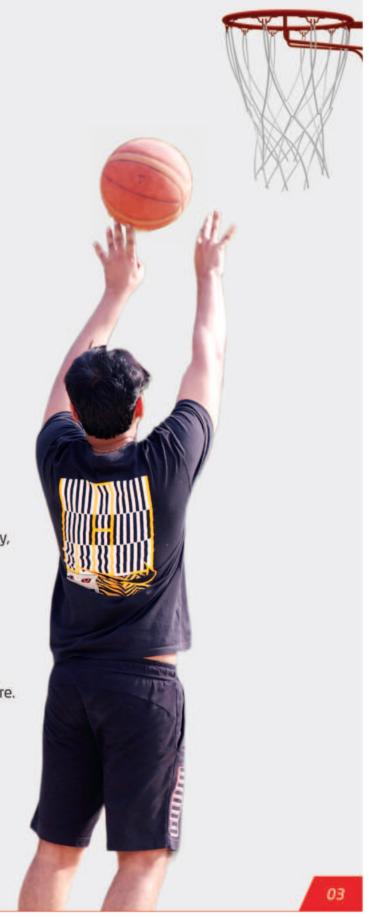
From students to faculty, for everyone in the fray, A celebration of unity, come what may.

This Newsletter now opens the door, To relive these moments, forevermore.

So turn the pages, and let the memories flow, The victories, the laughter, the highs and lows.

A tribute to sportsmanship, friendships galore, In the chapters of our sports fest, forever to adore.

~Poetry By Sia













1st runner up: Gauri ( MBBS 2020)

1st runner up: Dr. Gaurav (BDS 2018)

2nd runner up: Bhavya Arora (MBBS 2022)

In the battle of minds, chess displayed its grace, Boys' contest fierce, in this intellectual chase.

Gaurav Jaswani and Bhavya Arora, they did shine, With silver and bronze, their skills align.

Dr. Kshitej Malhotra, in gold, his triumph became, In this strategic chess, he earned his fame.

Then, the girls took the stage, their hearts a glow, Janani B. emerged with a radiant gold in tow.

Gauri Arora's silver, gleamed with pride so bright, While Hemlata's bronze, a mark of her insight.

In these moments, our chess champions stand tall, With brilliance & spirit, they conquer all.



1st prize winner: Janani ( MBBS 2019)



2nd runner up: Hemlata ( BDS 2020)



Tension to exchange pawns



The board is set, the game is a foot





# **TABLE TENNIS**



**Ping Pong Passion** 



Making every shot count

In table tennis' vibrant competition scene, Diverse participants displayed skills so keen. Rohan Singh Bisht, a golden star so bright, Biswayan's silver added to the light.

Girls' matches featured a unique twist,
With power and finesse, their prowess did persist.
Khushi Chaudhary, gold in her embrace,
Dr. Manisha's silver, a worthy chase.

Behind the scenes, the committee's perfection, An organized event, a sports connection. Day three arrived, enthusiasm did swell, Indoor doubles matches, stories to tell.

Biswayan and Sarthak, bronze heroes they yearned, Dr. Kshitej and Dr. Ishan, silver they earned. Rohan Singh Bisht and Saurabh, dynamic and bold, Gold in their grasp, their story told.

In swift exchanges, rivalries intense,
Table tennis talents, their excellence immense.
Dedication and unity, their guiding creed,
In our sporting history, they take the lead.



1st runner ups: Dr. Kshitej & Dr. Ishan



Our esteemed leadership playing wholeheartedly



TT champions: Rohan & Saurabh



Quick Reflexes & Sharp Shots



Every serve is an opportunity





2nd runner up, Biswayan & Sarthak



**Team Demonstrating Unity** 



Swift Moves, Strategic Plays



Faculty Moderators Coming to a Conclusion

Beneath the open sky, action's display, Kho-kho, skills on show, in the light of day. Three thrilling rounds, a spellbinding play, Victory with BDS 2018, a radiant array.

Runners-up, BDS 2021, gallantly they played, A symphony of delight, in hearts it stayed. Mentors and students, together they cheer, In this pulsating spectacle, joy's atmosphere.

With determination and passion, they compete, In every match, victory and defeat.

The spirit of teamwork, shining so bright, In the world of Kho-kho, they reach new heights.

As the sun sets low, casting a golden hue, Their love for the game, forever true.

In future battles and games to be won, They'll keep striving until the day is done.



Faculty Moderators Coming to a Conclusion



**Dodging and Tagging** 



Runner ups : BDS 2021

# \* THROWBALL



# **KABADDI**







A Crucial Point of the Match



**Faculty Members Cheering** for the Players



Team MBBS 2019 **Aacing Gold** 

In Kabaddi's thrilling ring, sand beneath their tread, Boys locked in combat, fierce battles widespread. Drenched head to toe, in this gripping showdown,

As the dust settled, champions would be known. MBBS 2019, their dominance, a vivid scene, Triumphantly seizing gold, like kings they reign. MBBS 2020, silver adorned with pride,

Their relentless spirit, they never tried to hide. In this spectacle of valor, they all played their part, Kabaddi's fierce battles, from the soul, did impart. A day of determination, courage's vibrant gleam, On the sands of competition, they chased their dream.





Team MBBS 2020 Settling with Silver



Raid, Retreat and Repeat



**Evident Essence of Teamwork** 

## 😘 BADMINTON



# CRICKET



A Slow Spin



Did he Dodge?

Amid sun-drenched fields, Day 5 came alive, Cricket pitch where talents would thrive. Anticipation soared, a vibrant crowd's cheer,

As daylight arrived, the spectacle drew near.
Gripping matches unfolded, excitement untold,
Every delivery, every stroke, with stories to unfold.
MBBS (PG + Interns) stood tall, a victorious display,
MBBS (2020) as runners-up, their skills in play.

Cheers and energy, this day did ignite, On the ground, where passion took flight. Unity and commitment, skills on display, In our sporting journey, a memorable day.



**Tensioned Hit** 



Straight Drive



Bat, Balls and Brotherhood



Ecstatic Shot



The Winning Team: MBBS 2017 + Postgraduates



Will Opponent Tackle the Pace



The Dream 11, BDS 2018



Team MBBS 2018

# **FUTSAL**



Aiming Towards the Goal



**Futsal Foes** 



Radiating with glory: 2nd runner ups, BDS 2018

On December's fifteenth, futsal took the pitch, Seven players strong, in a swift and skillful twitch. Boys, resolute, under the blazing sun's domain, From 9 AM to 4 PM, their mastery would attain.

Spectators gathered,
their energy like a roaring crowd,
Cheering comrades,
voices loud and proud.
Short halves of ten,
finals intense and tight,
Every move a dribble,
a pass, a goal in sight.

MBBS (PG + 2017),
victory was their quest,
With unity and teamwork,
they turned out to be the best.
MBBS (2019),
commitment in each stride,
BDS (2018) in third place,
their skill with pride.

Triumphant spirits soared,
like a winning goal's flight,
Sportsmanship's enduring spirit,
shining so bright.
Futsal's tale,
in December's field of play,
A day of action,



All Eyes on Harsh



**Guarding the Goals** 



Scoring with Style



# \*BASKETBALL



Eighth day, a spirit invigorating and strong, Boys' basketball tournament, a dynamic throng.

MBBS (2019) and (PG+2017) on the stage, Bronze and silver, a proud engage.

MBBS (2020) on the court, a stellar display, Gold medal champions, in their triumphant way.

Girls' basketball, teamwork, and skills on cue, BDS (2020) as runners-up, the tale they drew.

MBBS girls, heads held high with pride, Winning trophy raised, their spirits wide.

Applause and cheers, the arena's grand parade, A thrilling match, in memories it'll cascade.











### **SPORTS SPECTACLE SNAPSHOTS**

























### **FACULTY CRICKET**



Dean Student Welfare Sir's Hit Across the Boundary



Dr. Mayank Gupta Sir's Classy Stroke



Dr. Mahendran Sir's Swift Catch

Under the azure skies of a sunny Saturday, the Faculty Cricket Tournament took center stage, serving as a testament to the multifaceted talents of our esteemed faculty members. It was heartwarming to witness the unity and enthusiasm as various faculties united for a day of friendly rivalry. The stumps were set, the field was prepared, and the teams were ready to battle it out. What made this match truly exceptional was the participation of esteemed individuals who are not only academic leaders but also passionate cricket enthusiasts. Not just a distinguished academic, but also a cricket afficionado, Dean Dr. Akshay Bhargava sir's presence on the field added an air of excitement. He demonstrated his prowess both as a leader and a player, inspiring everyone around him. A true embodiment of the university's commitment to holistic development, Dr. Shalabh Gupta sir our Dean Academics graced the cricket ground with his infectious enthusiasm. His sportsmanship and dedication echoed his commitment to fostering well-rounded education.

Adding an extra layer of prestige to the match, Dean Student Welfare, Dr. Rajiv Ahluwalia sir's presence on the cricket field exemplified his dedication to promoting a harmonious balance between academics and extracurricular pursuits. While the tournament witnessed outstanding performances from every participating faculty, some individuals stood out with their exceptional skills and dedication. The cricketing prowess displayed by the participating teams demonstrated that our faculty members not only excel in their academic pursuits but also in the world of sports.



Team Dental



Team Medical



#### CHAMPIONING STUDENT WELFARE: FULL SPONSORSHIP FUELS ABHISHEK SRIVASTAV'S KARATE TRIUMPH

#### Interviewee: Abhishek Srivastav (BDS 2020)

Abhishek Srivastav, a dedicated third-year student at Santosh Dental College, recently made headlines with his remarkable achievement in the Indo-Nepal Karate Championship held in Kathmandu, Nepal from June 23 to 25, 2023. Let's delve into his inspiring journey.

#### A Triumph of Dedication

Abhishek's journey in the championship showcased his passion and unwavering commitment to martial arts. With his exceptional performance, he emerged victorious, clinching a gold medal in his category. His dedication didn't go unnoticed, as Santosh Deemed To Be University supported him by sponsoring his participation and providing a grant.





#### Our College's Pride

The University's belief in Abhishek's talents and potential was evident through their generous sponsorship. Not only did they offer moral support, but they also covered his travel expenses, accommodation, and related costs. This support symbolizes the college's commitment to nurturing well-rounded individuals and their recognition of Abhishek's remarkable skills.

#### Inspiring Peers & Aspiring Athletes

Abhishek's achievement serves as an inspiration to his peers, colleagues, and aspiring athletes at Santosh Deemed To Be University. It highlights the importance of balancing academics with extracurricular pursuits, demonstrating that one can excel in multiple areas simultaneously. His triumph reminds students that with focus, hard work, and a passion for their chosen endeavors, they too can achieve greatness.



**Conclusion:** The Dean Student Welfare office at Santosh Deemed To Be University prioritizes nurturing talent. Abhishek Srivastav's journey exemplifies dedication and the unwavering support of our institution, serving as inspiration for all to pursue passions alongside academics.



### WORLD ORTHODONTICS DAY

On the 15th of May, 2023. Draped in an aura of scholarly splendor, the World Orthodontic Health Day unfolded under the dignified presence of Chief Guest Dr. Sanjay Labh, Secretary of IOS. A harmonious symphony of intellectual prowess and artistic finesse resonated throughout our campus. Central to the day's festivities were five engaging activities, each carefully designed to encapsulate the essence of orthodontic excellence. These included, Wall Painting; the canvas of our institution's walls transformed into a gallery of vibrant expressions as students, with brush and paint, conveyed their interpretations of orthodontic health. Slogan Writing; In a display of wit and wisdom, participants crafted slogans that transcended mere words, underscoring the profound importance of oral heath. Essay Writing; The power of the written word took center stage as students penned down insightful content.

Wire Bending; Precision and dexterity were brought to the forefront as students undertook the intricate art of wire bending, a fundamental skill in the orthodontic profession. Smile Contest; Radiant and infectious, the beauty of a heartfelt smile was celebrated in our Smile Contest. These activities transcended mere competition; they served as conduits for students to showcase their multifaceted talents, knowledge, and passion for orthodontics. Importantly, they also acted as catalysts for raising awareness about orthodontic care and its vital role in oral health. The event united participants from various academic years, reinforcing the shared commitment to the cause. As the curtains draw on this remarkable event, our hearts brim with anticipation for the many such gatherings that lie ahead - events that will continue to nurture learning, creativity, and a profound sense of unity within our cherished dental family.











### ANTI- TOBACCO DAY

World Anti-Tobacco Day is not just a date on the calendar; it's a global call to act against one of the most pressing public health challenges of our time. On May 30, 2023, the Department of Public Health Dentistry in collaboration with the Student Welfare Section stepped into the forefront of this crucial battle by hosting a memorable event. The day was dedicated to raising awareness about the life-altering consequences of tobacco consumption, underlining its significance in our quest for a healthier world. At the heart of this event was an enthralling street play performed by the talented members of MANCHANTRA, our university's renowned theatre club.

Their powerful portrayal effectively conveyed the message of the hazardsr of tobacco consumption, touching the hearts of the audience and leaving a lasting impression. Throughout the day, several awareness campaigns unfolded, featuring eye-catching posters and informative pamphlets. These materials served as valuable resources to educate attendees about the harmful effects of tobacco on oral health and overall well being. World Anti-Tobacco Day is more than just a date; it's a reminder of our shared responsibility to combat the tobacco epidemic and promote a healthier, smoke-free environment.











# ELEVATING AWARENESS BY DEPT. OF FORENSIC MEDICINE

On the 16th of May 2023, the Maharaja Hall witnessed an enlightening event hosted by the Student Welfare Section in collaboration with the Department of Forensic Medicine and Toxicology. Two crucial topics, Sexual Harassment Awareness and Human Rights, took center stage from 2 pm to 4 pm, leaving a lasting impact on attendees. Dr. Shilpa Singh, Assistant Professor in the Department of Forensic Medicine and Toxicology, opened the event with a powerful keynote speech on Sexual Harassment Awareness. Her address set the stage for an afternoon of profound insights. Following the keynote, Dr. Sumit Tellewar, Professor at SGT University Gurugram, delivered a comprehensive lecture, deepening understanding on the topic. Dr. Shalabh Gupta, Dean Academics, chaired this session, adding academic weight to the event.

An engaging Question-Answer round allowed students to interact with the experts, further enhancing their learning experience. In the latter part of the day, Dr. Barkha Gupta elaborated on Human Rights, focusing on the roles of doctors and patients' rights. Dr. Shilpa Singh chaired this enlightening session. With over 100 students benefiting from these lectures, the event not only expanded their knowledge but also empowered them to address real-world issues related to sexual harassment and human rights. This collaboration between the Student Welfare Section and the Department of Forensic Medicine and Toxicology equips students to become informed and responsible citizens, ready to advocate for change and uphold principles of justice and human dignity.









### **RELAY BLOOD DONATION CAMP**

From May 22nd to June 14th, the compassionate hearts of Santosh Deemed to be University came together for a remarkable event - the Relay Blood Donation Camp. In collaboration with the Department of IHBT and IMA MSN Ghaziabad, this extended campaign was held at the Blood Bank within the premises of Santosh Hospital in Ghaziabad. This initiative was more than just an event; it was a testament to the spirit of selflessness that resides within the student community. Voluntary blood donation, the core of this noble cause, not only signifies an act of kindness but also holds the promise of saving innumerable lives. The participating students were duly recognized for their altruistic

contributions, receiving certificates as a token of appreciation. The numbers tell a compelling story - over the course of this event, a remarkable 20 units of blood were generously donated. Each unit symbolizes hope, resilience, and the potential to transform the lives of those in dire need. At its heart, this Relay Blood Donation Camp is an attestation to Santosh Deemed to be University's commitment to nurturing socially responsible citizens. While academic excellence is undoubtedly important, this institution goes a step further by instilling values of empathy and compassion in its students.









# MOU WITH PERM STATE MEDICAL UNIVERSITY (RUSSIA)

May 18, 2023, marks a significant milestone for Santosh Deemed University as it strengthens its global ties. The university's leadership team extended a warm welcome to delegates from the esteemed Perm State Medical University, Russia, in a traditional ceremony at the University temple. Their visit also included a tour of Santosh Hospital, deepening their understanding of the institution. The highlight of this momentous occasion was the signing of a Memorandum of Understanding (MoU) between the two universities. Notable figures such as Prof. Blagonravova Anna Sergeevna, Rector of Perm State Medical University; Ms. Bocharova Anna, Vice Rector of Perm State Medical University; Air Marshal (Dr.) Pawan Kapoor, Vice Chairman of Rus Education; Dr. Naresh Singla, Director of Rus Education; and Dr. Shyama Nagarajan, Director of Sahamanthran, engaged in discussions aimed at fostering greater collaboration. The collaboration's specific objectives encompass faculty, staff, and student exchanges, as well as providing hands-on experience to students from both Santosh University and Perm State University. This experience will expose them to advanced technologies available across various sectors in Russia, enriching their knowledge horizons.

Santosh Deemed University's partnership with Perm State Medical University promises to open new avenues for academic and cultural exchange, bringing together two institutions dedicated to expanding educational opportunities and global perspectives.



















Our university's warm hospitality



### **WORLD ENVIORMENT DAY**

We are excited to bring you a recap of the vibrant and impactful World Environment Day celebrations that took place on the 5th of June, 2023 at Santosh Deemed To be University. This day was a showcase of our commitment to preserving and nurturing the planet we call home. With great honor, the event commenced with an auspicious inauguration ceremony graced by esteemed personalities. The Honorable Vice Chancellor, Dr. Tripti Bhagat ma'am, The Dean Dental, Dr. Akshay Bhargava sir and the Dean of Student Welfare, Dr. Rajiv Ahluwalia sir, some faculty members and students also set the stage for an inspiring and purposeful day ahead. An invigorating walkathon was flagged off, engaging participants in a spirited march towards environmental awareness. Led by the enthusiastic university community, the walkathon spread the message of sustainable living and the urgency to protect our planet's fragile ecosystems. Addressing one of the gravest environmental challenges of our time, Santosh Deemed To be University took a decisive stride by introducing dedicated plastic waste bins across the campus. These bins serve as a constant reminder of our responsibility to minimize plastic pollution and promote responsible waste disposal. As the sun began to set, our commitment to a sustainable future reached its pinnacle with a tree plantation ceremony. Faculty members, students, and dignitaries joined hands to plant saplings, nurturing the earth and symbolizing our dedication to combatting climate change.











### FROM THE CORE COMMITTEE

#### Celebrating the Triumph of Sportsmanship

Our college's dedication to sports shone brightly at AURA 2k22. Beyond individual skills, spirited competitions demanded teamwork, leadership, and synchronization. From intense badminton to thrilling volleyball and kabaddi, students displayed unmatched zeal, reminding us of the value of assessing capabilities and striving for improvement. This fest provided a platform for participants to interact with fellow sports enthusiasts, nurturing their passion and collective growth. As General Secretary, I'm immensely proud of this year's success. The memories and lessons from AURA 2k22 will inspire a culture of excellence and sportsmanship in our college community for years to come. As we look ahead, let's carry the spirit of sportsmanship into our daily lives, knowing that the lessons learned on the field will continue to shape us, fostering not only athletic prowess but also strong character and camaraderie. Together, we can make our college community a beacon of sportsmanship and excellence.



Dr. Kshitej Malhotra (General Secretary)



Dr. Anant Kumar (Vice President)

### **Embracing the Thrill of College Sports**

As the Vice President of the Student Council, I must say that organizing sports programs and events is undoubtedly a formidable undertaking. However, it remains one of the most exhilarating aspects of college life. These events are not just about competition; they are invaluable classrooms where we learn proper coordination, hone our leadership skills, and experience the thrill of a winning spirit that adds an extra dash of excitement. Participating in sports is an essential part of our college experience. It goes beyond physical activity; it instills discipline, teamwork, and resilience. I extend my heartfelt appreciation to our college for its unwavering commitment to hosting these events regularly. They are a testament to our institution's dedication to holistic education. Having had the privilege of being both a participant and later overseeing sports events as the Vice President, I can attest to the unique and adventurous experiences they bring to our college community. It's an honor to witness the personal growth, camaraderie, and sportsmanship these events nurture among our students. They truly make college life unforgettable, teaching us lessons that extend far beyond the field.

#### Where Skills Shine Bright

"My favourite part of the event is the opportunity to participate."

Every year, our esteemed university provides students with a stress buster in the form of AURA 2k22. The event itself spreads enthusiasm among the students, allowing them to showcase their skills and providing a break from academic hustle. Organized by the student council and managed by a team of students who work day and night to make it a successful event, including groundwork, listings, rosters, felicitations, and participation, they pass this tradition on to every successive batch.



Dr.Nikhil Bawara ((Vice President)

### ABOUT THE COMMITTEES



**Dr. Shubham Gupta**Secretary (Sports Committee)

#### Masterful Event Coordination

Organizing a sports event is a multifaceted endeavor that demands meticulous planning and execution. Attention to detail is crucial for a seamless experience. Effective coordination among staff, volunteers, and vendors is essential. Robust contingency plans for challenges like weather disruptions are a must. Ultimately, success hinges on meticulous planning, teamwork, and adaptability. This sports event was exceptionally well organized, emphasizing safety, efficiency, and enjoyment. While room for improvement exists, the organizers' dedication and attention to detail were truly commendable, creating a memorable experience for all.



**Dr. Moonis Khan** Co-Secretary (Sports Committee)

#### An Ode To Unity & Passion

I am thrilled to reflect on the triumph of AURA 2k22. It was an attestation of unity and enthusiasm, driven by active student participation, diligent organizers, and a vibrant atmosphere. From sports and games to diverse talents, the fest truly embodied our college's spirit. I'm proud to have been part of a team that made this success possible. The leadership opportunity I eceived was inspiring, and I'm grateful for the chance to prove myself. As we look forward, let the memories of AURA 2k22 continue to motivate us towards greatness, reminding us of the strength we have when we stand together.

#### Sports Committee

Secretary: Dr. Shubham Gupta Co-Secretary: Dr. Moonis Khan

**Members:** Dr. Parth Chaurasiya, Dr. Akshi Singh, Subayu Mondal, Nixon, Hritik, Sachin, Biswayan, Khushi Chaudhary,

Sahil Puniya & Sanjivni Sharma





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